

Fine Motor Activities

- Snipping paper - use scissors to snip paper, draw faces and style haircuts



- Pasta necklaces - thread pasta onto string



- Spray painting - fill a bottle with water and paint, then spray paint a picture



- Play dough making - mix 2 cups plain flour, 1 cup salt, 2 cups water, 2 tbsp oil, 4 tsp cream of tartar and food colouring



- Popping bubble wrap - use a pincer grip to pop bubbles



- Sticker pictures - draw lines, shapes or names and place stickers on top



- Wiggly worms - pick up pieces of wool (wiggly worms) using two fingers or tweezers



- Pegging washing - use pegs to hang up washing

